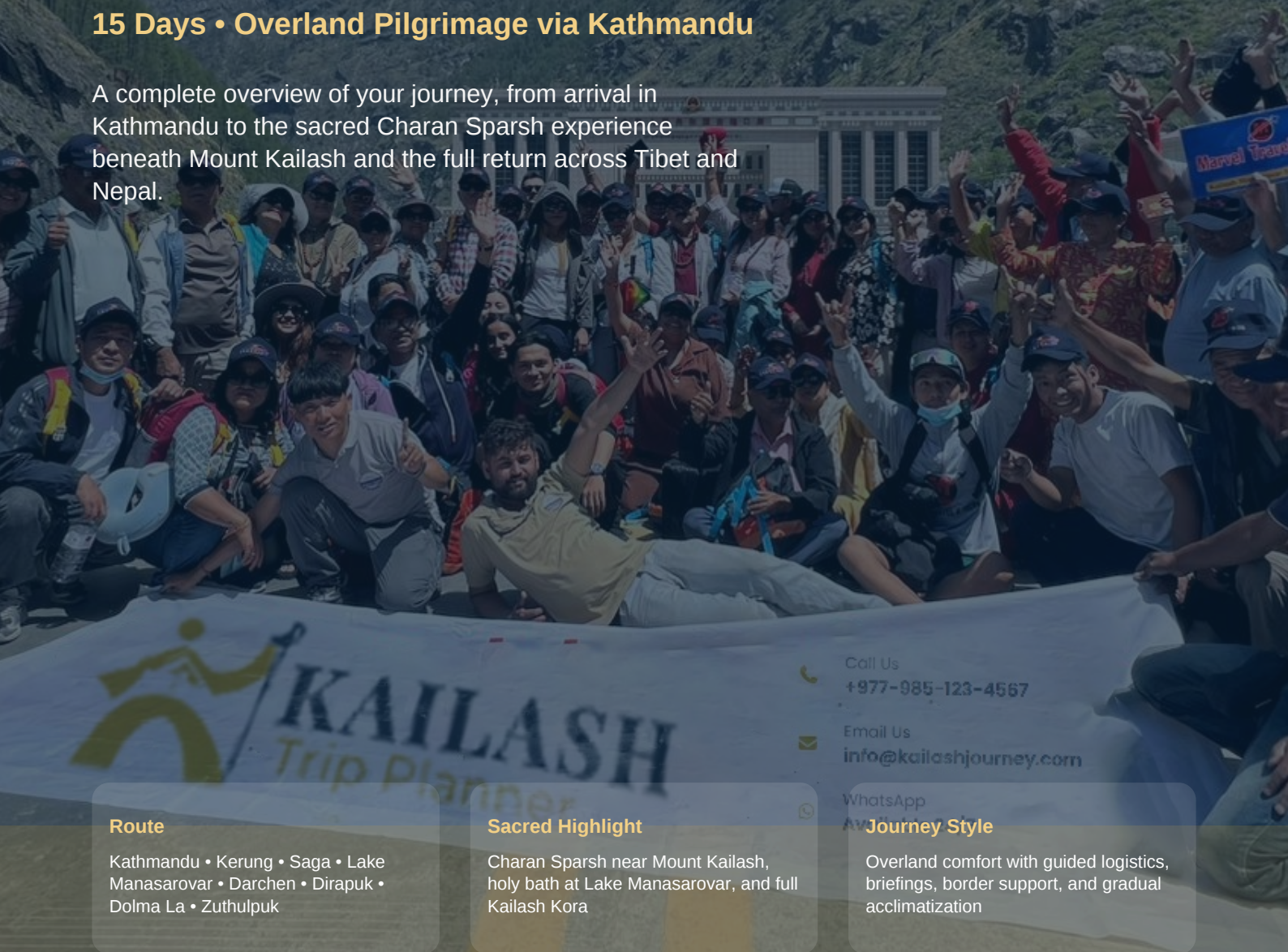


KAILASH TRIP PLANNER

Kailash Charan Sparsh Yatra

15 Days • Overland Pilgrimage via Kathmandu

A complete overview of your journey, from arrival in Kathmandu to the sacred Charan Sparsh experience beneath Mount Kailash and the full return across Tibet and Nepal.



Route

Kathmandu • Kerung • Saga • Lake Manasarovar • Darchen • Dirapuk • Dolma La • Zuthulpuk

Sacred Highlight

Charan Sparsh near Mount Kailash, holy bath at Lake Manasarovar, and full Kailash Kora

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Journey Style

Overland comfort with guided logistics, briefings, border support, and gradual acclimatization

Journey Overview

Designed as a clean brochure-style itinerary for pilgrims seeking a spiritually rich overland Kailash experience with the special Charan Sparsh trek from Dirapuk.



Why this journey stands out

This itinerary balances spiritual intent with acclimatization, scenic overland travel, and a dedicated Charan Sparsh day before continuing the full Kailash Kora.

Route rhythm

5 preparation days in Kathmandu, border crossing via Kerung, plateau drive to Saga and Manasarovar, 3-day Kailash trek section, then a measured return.

Quick Facts

- **Duration:** 15 Days
- **Highest altitude:** 5,630 m at Dolma La Pass
- **Key sacred places:** Pashupatinath, Boudhanath, Budhanilkantha, Lake Manasarovar, Mount Kailash
- **Trekking core:** Yamadwar–Dirapuk, Charan Sparsh day, Dolma La Pass, Zuthulpuk
- **Travel mode:** Overland drive with guided border procedures and hotel / guesthouse halts

Day-by-Day Itinerary

A complete overview of your journey

Day 1

Easy

Arrive in Kathmandu

Arrive in Kathmandu, transfer to the hotel, complete the required document submission for visa formalities

Upon arrival in Kathmandu, you will be warmly received and transferred to your hotel for check-in. After the journey, take some time to relax and settle in comfortably. During the day, submit the required documents for the visa formalities and complete the necessary initial procedures. The rest of the day is free for relaxation and recovery. Enjoy an overnight stay at the hotel in Kathmandu.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kathmandu	1,340 M	10 KM	0 KM	Kathmandu

Day 2

Sightseeing

Briefing and Cultural Introduction in Kathmandu

Join an essential pre-journey briefing, then enjoy a relaxed introduction to Kathmandu with a local sightseeing experience

After breakfast, continue with the journey briefing and final preparations for the Kailash Yatra. Our team will provide important information regarding the route, altitude considerations, travel arrangements, and essential guidelines to help ensure a smooth and comfortable pilgrimage experience. After the briefing, head out for a gentle sightseeing tour around Kathmandu, offering your first glimpse into the city's rich culture, vibrant surroundings, and spiritual atmosphere. Later, return to the hotel and enjoy a restful overnight stay in Kathmandu.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kathmandu	1,340 M	30 KM	0 KM	Kathmandu

Day 3

Pilgrimage

Visa Formalities and Sightseeing

Complete the required visa process, followed by a meaningful sightseeing tour of Kathmandu

Today, the necessary visa formalities for the onward Tibet journey will be completed, ensuring that all travel arrangements are in place for the pilgrimage ahead. Once the formal process is finalized, continue with a spiritually enriching sightseeing tour of Kathmandu's most revered religious landmarks. Visit the sacred Pashupatinath Temple, followed by Boudhanath Stupa and Budhanilkantha Temple. After this meaningful day of pilgrimage preparation and cultural exploration, return to the hotel for a comfortable overnight stay in Kathmandu.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kathmandu	1,340 M	30 KM	0 KM	Kathmandu

Day-by-Day Itinerary

A complete overview of your journey

Day 4

Long Drive

Kathmandu to Syabrubesi / Timure / Dhunche

Drive from Kathmandu to the Syabrubesi, Timure, or Dhunche, with scenic stops along the way

After breakfast, begin the overland journey from Kathmandu toward Syabrubesi, Timure, or Dhunche, depending on road conditions and the planned overnight halt. The drive takes you through beautiful countryside, winding mountain roads, terraced hillsides, and traditional villages, offering an authentic glimpse into rural Nepal. Upon arrival at the designated overnight stop, check in and rest in preparation for the next stage of the Kailash journey.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kathmandu	1,450 M	145 KM	0 KM	Syabrubesi

Day 5

Border Crossing / Drive

Cross Border to Kerung

Cross the Nepal–Tibet border, complete the required formalities and documentation, and drive to Kerung town

After breakfast, proceed toward the Nepal–Tibet border to begin the formal entry process into Tibet. Upon arrival at the border point, complete all required immigration, customs, and documentation procedures before continuing the journey onward. Once the formalities are completed, drive to Kerung town, a peaceful settlement surrounded by striking mountain scenery and an important gateway for pilgrims entering Tibet. Overnight stay in Kerung.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Nepal Border	2,700 M	25 KM	0 KM	Kerung

Day 6

Drive / Scenic Journey

Drive from Kerung to Saga

Journey from Kerung to Saga across the Tibetan plateau, enjoying vast Himalayan landscapes and high-altitude scenery along the way

After breakfast, begin the drive from Kerung to Saga, entering the expansive beauty of the Tibetan plateau. Today's journey is one of the most visually striking sections of the pilgrimage, with sweeping views of open plains, distant snow-capped peaks, rugged mountains, and dramatic high-altitude landscapes throughout the route. Upon arrival in Saga, check in and relax for the evening.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kerung	4,640 M	230 KM	0 KM	Saga

Day-by-Day Itinerary

A complete overview of your journey

Day 7

Long Drive

Drive from Saga to Lake Manasarovar

Drive from Saga to Lake Manasarovar, enjoying the sacred parikrama by vehicle, and receive the first darshan of Mount Kailash

Early in the morning at around 5:00 AM, begin the journey from Saga toward the sacred Lake Manasarovar after breakfast. Along the way, enjoy the serene beauty of the high-altitude plateau with its open horizons, dramatic mountain scenery, and profound sense of stillness. Upon reaching Lake Manasarovar, continue with the sacred parikrama by vehicle around the holy lake. This day also offers the deeply moving experience of the first darshan of Mount Kailash. Overnight stay near Lake Manasarovar.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Saga	4,500 M	450 KM	0 KM	Lake Manasarovar

Day 8

Pilgrimage / Drive

Lake Manasarovar to Darchen

Holy bath and rituals at Lake Manasarovar followed by a short drive to Darchen

Begin the day at the sacred shores of Lake Manasarovar, where pilgrims may take part in holy bath rituals, puja, and personal spiritual practices in this deeply revered setting. After completing the rituals and spending meaningful moments by the holy lake, continue with a short drive to Darchen, the traditional base camp for the Mount Kailash Kora. Overnight stay in Darchen.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Lake Manasarovar	4,670 M	35 KM	0 KM	Darchen

Day 9

Drive / Trek

Darchen to Yamadwar and Trek to Dirapuk

Drive to Yamadwar and begin the trek to Dirapuk Monastery, the starting point of the Kailash Kora

After breakfast, drive from Darchen to Yamadwar, the traditional starting point of the sacred Mount Kailash Kora. From Yamadwar, begin the trek toward Dirapuk Monastery, following a scenic trail through the dramatic valley beneath the northern face of Mount Kailash. Upon arrival at Dirapuk, rest and take in the extraordinary surroundings. Overnight stay at Dirapuk.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Darchen	5,210 M	8 KM	12 KM	Dirapuk

Day-by-Day Itinerary

A complete overview of your journey

Day 10

Trek / Spiritual Experience

Charan Sparsh Trek From Dirapuk

Trek close to Mount Kailash for Charan Sparsh and spiritual blessings, then return to Dirapuk

Today offers one of the most profound and emotionally moving experiences of the entire pilgrimage. From Dirapuk, begin a special trek toward the base area of Mount Kailash for Charan Sparsh, a deeply revered spiritual practice in which pilgrims go as close as possible to the holy mountain to offer prayers and receive blessings. After spending time in prayer and taking in this extraordinary spiritual setting, return along the same trail to Dirapuk for rest and overnight stay.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Dirapuk	5,200 M	0 KM	8-10 KM	Dirapuk

Day 11

Hard Trek

Trek From Dirapuk to Zuthulpuk via Dolma La Pass

Cross Dolma La Pass and trek from Dirapuk to Zuthulpuk Monastery, with views of Gauri Kund along the way

Today is the most challenging and spiritually significant day of the Kailash Kora. After an early start, begin the ascent from Dirapuk toward the sacred Dolma La Pass, the highest point of the entire pilgrimage. From the pass, continue the descent toward Zuthulpuk, with the sacred Gauri Kund visible along the route, adding to the devotional importance of the day. Overnight stay at Zuthulpuk Monastery.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Dirapuk Monastery	5,630 M	0 KM	22 KM	Zuthulphuk

Day 12

Trek / Drive

Complete Kailash Kora and Drive to Saga

Complete the Kailash Kora and drive from Darchen to Saga along the Brahmaputra River

After breakfast, complete the final stretch of the sacred Kailash Kora, bringing this deeply meaningful pilgrimage circuit to a fulfilling close. After completing the Kora, continue by vehicle to Saga, following a scenic route that runs alongside the majestic Brahmaputra River. Upon arrival in Saga, check in and enjoy a well-earned rest after the accomplishment of completing the revered Mount Kailash Kora.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Zutulphuk	4,600 M	470 KM	10 KM	Saga

Day-by-Day Itinerary

A complete overview of your journey

Day 13

Drive / Return Journey

Drive from Saga to Kerung

Return journey from Saga to Kerung

After breakfast, begin the return drive from Saga to Kerung, retracing the scenic pilgrimage route across the vast Tibetan plateau. The journey once again offers sweeping views of open landscapes, distant snow-capped mountains, rugged terrain, and the quiet beauty of the high Himalayas. Upon arrival in Kerung, check in and rest for the evening in preparation for the onward journey toward the Nepal border.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Saga	2,700 M	230 KM	0 KM	Kerung

Day 14

Drive / Return Journey

Return drive from Kerung to Kathmandu

Return drive from Kerung to Kathmandu, arriving in the evening

After breakfast, begin the return journey from Kerung to Kathmandu, crossing back through the border and continuing along the scenic mountain roads of northern Nepal. As you descend from the highlands, the route once again reveals beautiful river valleys, terraced hillsides, and changing landscapes that mark the final stage of this remarkable pilgrimage. By evening, arrive in Kathmandu and transfer to your hotel for a comfortable rest.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kerung	1,340 M	170 KM	0 KM	Kathmandu

Day 15

Leisure / Departure

Free Day in Kathmandu and Final Departure

Enjoy free time in Kathmandu before your final departure to your onward destination

Today is reserved for leisure and final departure arrangements in Kathmandu. Depending on your flight schedule, you may spend the day relaxing at the hotel, enjoying some last-minute shopping, or exploring the city at your own pace. At the appropriate time, you will be transferred to the airport for your onward flight, marking the conclusion of this sacred and memorable journey.

Starting Point	Max Altitude	Bus	Hiking	Ending Point
Kathmandu	1,340 M	6 KM	0 KM	Take off

Pilgrimage Moments

Group journeys, mountain crossings, and sacred landscapes that reflect the spirit of the Kailash yatra.



Closing Note

This brochure version presents the full 15-day Kailash Charan Sparsh Yatra in a polished format suitable for sharing with pilgrims. It keeps the spiritual milestones prominent while making the route, logistics rhythm, and daily progression easy to follow.

Includes: Kathmandu preparation days, border crossing, Manasarovar rituals, Charan Sparsh, Dolma La crossing, and return to Kathmandu.